

Australian Sailing HP Strategy

Towards Paris 2024 & LA 2028









STRATEGY ON A PAGE

Mission:

No.1 Olympic sailing country in the world uniting and inspiring our community and nation

Simplified & prioritised enablers to success:



Maintain priority on core medal classes & scaled growth in new class capability

Coach-led vertically

integrated squad-based

approach with periodised

efficient, agile & effective

& embedded in programs

embedded performance support optimising &

impacting performance &

holistic athlete development

deployment of

multidisciplinary

coaching focus across cycles

technology internally shared



Appropriate volume of training in diverse challenging conditions over time



Regular & intensive highest quality international regattas



Maintain world-class coaching



Self-learning, **growth** mindset & mental resilience



Money - shared investment with athlete 'skin in the game'



Clear but **multiple** performance pathway/s



...and time

11 Point Plan:

Program Philosophy

- 1. Higher-order program purpose & holistic development
- 2. Sustainable integrated medal winning HP System
- 3. Squad-based performance model

Strategic Priorities

- 4. Effective use of athlete success profiles
- . Supercharge coaches & coaching
- Stepping up quality & consistency of the performance environment campaign planning, tech & operational excellence
- 7. Improve gender balance in HP pathway & increase medal winning women
- 8. Build new capability in kites & boards over longer term & specialised offshore approach

Delivery Model

- 9. Prioritised medal class portfolio & enhance repeatability
- 10. Clear Performance Pathways & NIN & Patron partnerships
- 11. Deliberate fit for purpose structure aligned to new strateg



3-4 medals (including a minimum of 2 gold) at Paris 2024 and LA 2028 Olympics + 1-2 top 10

Success Measures:

Performance

 ✓ Consistently winning multiple-medals (including gold) at Olympics
 & World Championships



Repeatability

✓ Systematic approach with embedded HP processes producing and retaining a pipeline of athlete and coach talent at a scale required to deliver on our performance objectives



Inspiration

 Our athletes and team have a positive influence on retaining and growing our sailing community





Setting the scene – evolution of the Australian Sailing Team



Horizon 1 – **build**

- Bounce back after disastrous Athens Games
- Gold medal plan, build platform & AST formation
- Performance-based system established
- · Strong leadership to regain credibility
- Secure base-level investment
- · Deliver quick wins & results

Horizon 2 – **perform**

- Expand AST into broader HP program
- Continuity of world-class coaching & support team
- Consolidate systems & processes
 & apply to new classes and share with underpinning programs
- Aggressive AWE targeting strategy
- · NTC home established
- Applied technical program established & applied
- Strong HP culture & values focus
- Significant uplift in HP investment through AIS/NIN & Patrons
- · Repeat multi-medal success

Horizon 3 – **sustain**

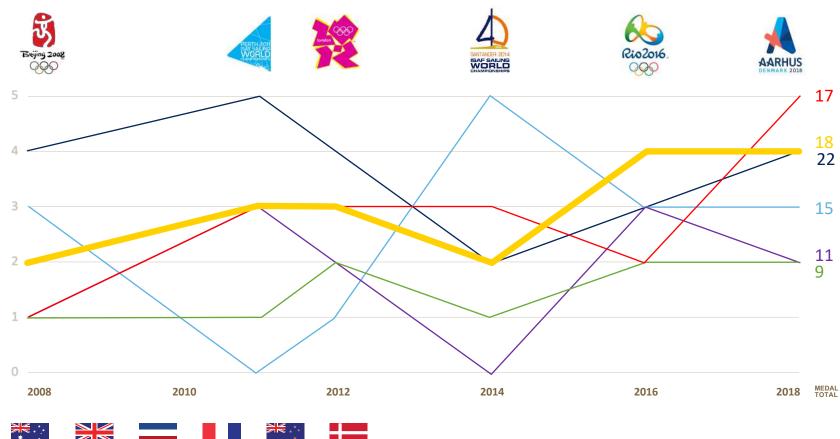
- Prioritise core medal classes to maintain momentum with gradual build of new class capability over longer-term
- Vision towards medals, holistic development of athletes and new higher order purpose to unite & inspire through winning
- Measured shift to a sustainable integrated HP system – leveraging AST competitive advantage (but without diluting focus)
- Consistent but customized squad-based delivery model that builds depth & greater impact on pathway development
- Retain the best athletes and people through pragmatic solutions to provide continuity & stability
- Supercharge and prioritise coaching
- Take campaign, tech & operational excellence to next level
- · Sustain investment levels





Launching a new strategy from a strong platform of success in a competitive international market

WORLD CHAMPIONSHIPS + OLYMPICS MEDAL COUNT (note – does not including discontinued Olympic classes*)















TOP 6 NATIONS IN THE WORLD





Proven leader in **Australia's Olympic** team environment providing stable return on investment











Sailing

TOTAL MEDAL MARKET SHARE*

2008

3/11

20 /34



4/10



2016







2008



2ND

GOLD MEDAL TABLE RANK BY SPORT

1ST

SWIMMING SAILING ROWING

Swimming

Rowing

Sailing















10 /34







SWIMMING





3 /14



36%

5/14

10 /34

3/14

2016 Rio2016

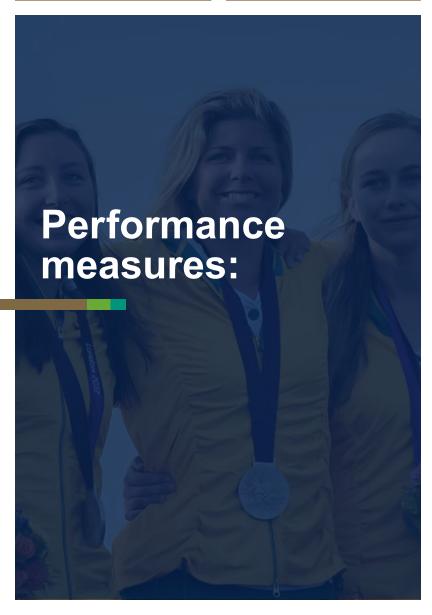












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Performance

- √ 3-4 medals (including a minimum of 2 gold) at Paris 2024 and LA 2028 Olympics + 1-2 top 10
- ✓ Consistent medal winning performances (including gold) at World Championships and World Cups as milestones to Olympic performance
- # of Top 10 places (across the team & per class)



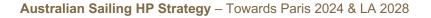
Repeatability

- ✓ # or % of AST, ASS and ASF athletes meeting the performance model benchmarks providing the required critical mass to repeatedly succeed at the Olympics
- ✓ Annual satisfaction of athletes with AS wellbeing & support initiatives
- # & % retention of national + contract specialist coaches in HP system in priority classes and pathway programs
- √ % of coaches & HP staff with IPPs actively engaged in tailored development program
- Quality strategy, campaign & operational planning (and fit-for-purpose structure) regularly reviewed & driving decision-making
- ✓ Retain and grow resources based through a partnership model with NIN and other investors



Inspiration

- ✓ # of engagements from athletes and coaches in community sailing initiatives
- ✓ Rating and benchmarks for community sailing sentiment towards our international performances & behaviours of our role model athletes, coaches & national HP staff– measured through annual membership/community survey tool
- ✓ Rating and benchmarks for community pride in our Olympic sailor's performance & behaviours







#nextlevel 11 Point Plan

Strategic Shifts:

Optimising.....

Performance, Repeatability & Inspiration

CURRENT STATE	то	Fl	UTURE STATE
PROGRAM PHILOSOPHY			
Strong medal focus	\bigcirc	1.	Higher-order program purpose & holistic development
Repeat medal winning team	\bigcirc	2.	Sustainable integrated medal winning HP System
Mixed approach to class delivery	\bigcirc	3.	Squad-based performance model
STRATEGIC PRIORITIES			
Isolated expertise & winning IP	\bigcirc	4.	Effective use of athlete success profile
World-class coaching group	\bigcirc	5.	Supercharge coaches & coaching
Quality people but sub-optimal consistency of HP management practices	\bigcirc	6.	Stepping up quality & consistency of the performance environment - campaign planning, tech & operational excellence
Significant gaps in Women's and mixed classes	\bigcirc	7.	Improve gender balance in HP pathway & increase medal winning women
Limited capability or HP sophistication in new classes	\bigcirc	8.	Build new capability in kites & boards over longer term & specialised offshore approach
DELIVERY MODEL			
Intensive AST campaign focus & resourcing	\bigcirc	9.	Prioritised medal class portfolio & enhance repeatability
Ambiguity & complexity in the HP system	\bigcirc	10). Clear Performance Pathways & NIN & Patron partnerships
Program structure evolution impacted by individual approaches	\bigcirc	11	. Deliberate fit for purpose structure aligned to new strategy





Roles & responsibilities of our valued NIN Partners















NIN Partnership Philosophy

Through collaboration in program design and delivery, sharing of high performance expertise, and co-investment our National Institute Network (NIN) partners are valuable and critical contributors to AS High Performance outcomes

Role of the SIS/SAS

- <u>Prepare</u>: Develop skills, knowledge and behaviours necessary for future high performance success
- <u>Launch</u>: Provide targetted support to facilitate the transition from State to National performance programs
- <u>Boost</u>: Add value to ASS/AST support in the local daily training environment
- <u>Catch</u>: Provide transitional support for ASS/AST athletes during periods of reduced national support related to performance, injury/illness, crew/class changes or personal circumstances

Responsibilities of the SIS/SAS

- Provide program leadership/management support to deliver State Sailing Performance Programs (SSPP) in conjunction with AS
- Collaborate with AS to provide coaching and performance support to targeted athletes in the AS Performance Pathway via the SSPP Framework
- Support the development of key AS Performance Pathway Coaches (and some targeted clubs) through facilitation of within and cross-sport learning opportunities

Outcomes of productive NIN Partnerships

- Athletes have a clear understanding of NIN and AS support provisions available at each stage of the Pathway
- Athletes and coaches receive the support they need to achieve their goals, and demonstrate progression against clearly articulated individual performance plans

- Coaches have role clarity, clear KPIs, and are connected to National Coaches, other State Coaches, and AST/AS Pathways staff
- Performance support staff have role clarity, clear KPIs and are connected to AST SSSM Leads
- Athletes are supported to successfully transition into, through and out of the AS Performance Pathway
- Communication between AS and NIN partners is bi-directional, regular and transparent
- There is a sustainable pool of talent for all classes across all stages of the AS Performance Pathway
- Stakeholders report high satisfaction with program delivery and communication
- AS provide clear technical direction, role clarity and have visibility in the respective NIN local environments
- AS assists NIN partners to deliver on their own strategic objectives and provide genuine ROI