

## POSITION DESCRIPTION

<b>TITLE:</b>	49er Coach
<b>REPORTS TO:</b>	Performance Manager – Technology & Coaching
<b>LOCATION</b>	Middle Harbour, Sydney

**BACKGROUND:** Australian Sailing is the national governing body committed to advance the sport of sailing in Australian and international communities in all its forms, and across all levels of participation. By providing leadership to the Clubs and Classes, through the provision of relevant services and support and in the development of high performance practices, we are committed to building the capability and capacity of sailing to be a successful and leading sport in Australia.

**PURPOSE:** To provide world's best coaching services in the 49er Class with the objective of Olympic and World Championship success.

### Part A - AST 49er Coach – Objective Olympic Medal in 49er class

1. Providing coaching services, to Australian Sailing athletes as requested, specifically members of the AST and ASS in the 49er class, or other class as from time-to-time determined in conjunction with the Performance Director
2. In conjunction with Australian Sailing Management, plan and implement an integrated training program for AST and ASS athletes in the 49er class on a 3-year, annual, weekly and daily basis, including:
  - (a) Build a sustainable program in the class.
  - (b) Prepare, provide and monitor individual coaching sessions.
  - (c) Travel with Australian Sailing Team and/or Australian Sailing Squad athletes for domestic and international competitions, as detailed below.
  - (d) Attend AST and ASS camps.
  - (e) Ensure an international performance focus incorporating leading edge initiatives and technologies.
  - (f) Use the AIS Athlete Management System to document Campaign Plans for all athletes.
  - (g) Use the Goalscape program, or an alternative approach agreed by the Performance Director to assist in the management, delivery and monitoring of training and competition programs.
3. Accompanying members of the AST and ASS overseas for competition and training at agreed events, and also providing coaching support to other Australian crews competing at these events (priority should be given to the crews in the Australian Sailing Team at these events). Agreed events may include (but are not limited to):

- (a) Class World Championships
- (b) Class European Championships
- (c) ISAF World Cup events
- (d) ISAF World Championships
- (e) Other agreed events

4. Providing coordination and monitoring for the delivery of international standard support services to athletes including sport sciences and medicine and strength & conditioning for the Australian Sailing Team and Australian Sailing Squad members.
5. Ensuring appropriate liaison between stakeholders on program issues, attendance at meetings and forums.
6. Providing advice, education and lectures to athletes as requested.
7. Undertaking administrative responsibilities including annual and monthly progress reports on your program and athletes and maintenance of athlete records.
8. Assisting program staff in the effective delivery of the logistics associated with program training and competition schedules.
9. Providing input to the innovation, technology and research and development plans of the AST.
10. Maintaining an appropriate standard of equipment to carry out all necessary work.
11. Maintaining appropriate industry accreditation and qualifications, including driving and boat licences and first aid.
12. Performing any other reasonable tasks related to the support of Australian Sailing and the Australian Sailing Team at the direction of the Performance Director.
13. At all times act in accordance with Australian Sailing Team Values including Respect and Responsibility. You are expected to be a role model for all athletes and will be assessed accordingly.